

## Grade Descriptors for Football in KS3 PE

### Working towards

- **Skills and Techniques:** Demonstrates some control and coordination with basic football skills, such as passing, dribbling and shooting, but lacks consistency.
- **Understanding of Rules:** Has a basic understanding of the rules but often needs reminders or guidance.
- **Participation and Effort:** Participates in football activities but with inconsistent effort and enthusiasm.
- **Teamwork:** Occasionally works well with teammates but may struggle to communicate or cooperate effectively.

### Working at

- **Skills and Techniques:** Consistently demonstrates control and coordination with basic football skills, such as passing, dribbling and shooting and can occasionally perform more advanced techniques.
- **Understanding of Rules:** Understands and follows the rules of football with minimal reminders, showing awareness of basic strategies.
- **Participation and Effort:** Regularly participates actively and shows a good level of effort and enthusiasm in football activities.
- **Teamwork:** Works well as part of a team, communicates effectively, and supports teammates.

### Working above

- **Skills and Techniques:** Demonstrates advanced control and coordination in a range of skills such as passing, dribbling and shooting, which is consistently performed with precision and accuracy over various distances.
- **Understanding of Rules:** Shows a deep understanding of the rules and strategies, often helping others to understand and follow them.
- **Participation and Effort:** Always participates with high levels of effort and enthusiasm, often leading by example.
- **Teamwork:** Excels in teamwork, providing leadership, effective communication, and strong support to teammates.

## KS3 Netball Grade Descriptors

### Working towards

- **Skills and Techniques:** Can perform basic netball skills inconsistently. Some passes and catches are accurate, but there are frequent errors and accuracy of shooting is limited.
- **Understanding of Rules:** Has a basic understanding of netball rules but occasionally makes mistakes.
- **Tactical Awareness:** Demonstrates limited tactical awareness. Often out of position and lacks an understanding of when to attack or defend.
- **Participation and Effort:** Participates in lessons but with inconsistent effort. Requires occasional encouragement to stay engaged.

### Working at

- **Skills and Techniques:** Performs basic netball skills (e.g., passing, catching, and shooting) with reasonable accuracy and consistency. Shows good ball handling and control.
- **Understanding of Rules:** Understands and applies the rules of netball correctly during gameplay.
- **Tactical Awareness:** Demonstrates a good level of tactical awareness. Understands positioning and makes appropriate decisions to attack and defend.
- **Participation and Effort:** Actively participates in lessons with consistent effort. Shows enthusiasm and willingness to improve.

### Working above

- **Skills and Techniques:** Performs netball skills with high accuracy and consistency. Demonstrates advanced techniques and control. Can perform a range of passes in the correct situations. Is able to attack and defend and performs very few footwork fouls.
- **Understanding of Rules:** Has an excellent understanding of netball rules and applies them flawlessly during gameplay.
- **Tactical Awareness:** Shows advanced tactical awareness. Anticipates play, positions effectively, and makes strategic decisions to benefit the team.
- **Participation and Effort:** Demonstrates high levels of enthusiasm and effort in all lessons and games. Takes initiative to improve and support teammates.

## Grade Descriptors for Handball in KS3 PE

### Working towards

- **Skills and Techniques:** Demonstrates basic handball skills, such as passing and shooting, but with frequent errors. Passes and catches are often inaccurate, and dribbling is inconsistent.
- **Game Understanding:** Some understanding of the rules and strategies but often makes mistakes or is out of position. Occasionally unsure of their role.
- **Physical Fitness:** Shows some stamina and strength but tires easily and struggles to maintain performance throughout the game.
- **Teamwork and Communication:** Occasionally communicates with teammates and can work as part of a team but often needs guidance.
- **Effort and Attitude:** Shows some interest and effort but is often inconsistent. Occasionally off-task or disengaged.

### Working at

- **Skills and Techniques:** Demonstrates good handball skills with occasional errors. Passes and catches are mostly accurate, and dribbling is generally controlled. Shooting is generally accurate but there is not a wide use of shooting techniques.
- **Game Understanding:** Good understanding of the rules and strategies. Usually in the correct position and understands their role within the team.
- **Physical Fitness:** Shows good stamina and strength, able to keep up with the pace of the game and maintain performance.
- **Teamwork and Communication:** Communicates well with teammates and works effectively as part of a team.
- **Effort and Attitude:** Consistently shows interest and effort. Engaged and on-task throughout lessons and games.

### Working above

- **Skills and Techniques:** Demonstrates excellent handball skills with very few errors. Passes and catches are consistently accurate, and dribbling is highly controlled. Uses a range of shooting techniques.
- **Game Understanding:** Excellent understanding of the rules and strategies. Always in the correct position and clearly understands their role within the team.
- **Physical Fitness:** Shows exceptional stamina and strength, able to outperform peers and maintain a high level of performance throughout the game.
- **Teamwork and Communication:** Communicates exceptionally well with teammates and often takes a leadership role within the team.
- **Effort and Attitude:** Shows a high level of interest and effort. Highly engaged and motivated throughout lessons and games.

## Grade Descriptors for Badminton in KS3 PE

### Working towards

- **Skill Execution:** Can make contact with the shuttlecock but struggles with consistency and control. Basic strokes (forehand, backhand) are not well-developed. Serves are not accurate and only one serve is performed well.
- **Game Understanding:** Understands basic rules but struggles to apply them during gameplay. Often out of position and reactive rather than proactive.
- **Fitness and Coordination:** Shows some effort to improve fitness and coordination but lacks endurance and agility.
- **Participation and Effort:** Participates in lessons but with limited effort and enthusiasm. Needs frequent encouragement.

### Working at

- **Skill Execution:** Consistently makes contact with the shuttlecock and demonstrates control over basic strokes. Can execute simple serves and returns. Can use a range of serves to begin to control play.
- **Game Understanding:** Understands and applies the rules during gameplay. Positions themselves correctly and anticipates the opponent's moves.
- **Fitness and Coordination:** Demonstrates good fitness levels and coordination. Can sustain effort throughout the lesson.
- **Participation and Effort:** Actively participates in lessons with enthusiasm. Shows a willingness to improve and take on feedback.

### Working above

- **Skill Execution:** Demonstrates advanced control and consistency with a variety of strokes (smashes, drops, clears). Executes serves and returns with precision.
- **Game Understanding:** Has a strong understanding of game strategies and rules. Positions themselves effectively and anticipates the opponent's moves with ease.
- **Fitness and Coordination:** Exhibits high levels of fitness, agility, and coordination. Can maintain high performance throughout the lesson.
- **Participation and Effort:** Engages fully in all activities with high enthusiasm. Shows leadership qualities and helps peers improve. Consistently seeks feedback to enhance performance.

## Grade Descriptors for Table Tennis in KS3 PE

### Working below

- **Skills and Techniques:** Can hold the bat correctly but inconsistent with basic strokes. Occasionally misses the ball or hits it out of bounds. Basic serving is used.
- **Rules and Tactics:** Basic understanding of the rules but struggles to apply them consistently. Limited tactical awareness.
- **Participation and Effort:** Participates in lessons but with varying levels of effort and focus.
- **Assessment:** Can sustain a short rally but lacks control and precision. Struggles with serving the ball correctly.

### Working at

- **Skills and Techniques:** Holds the bat correctly and executes basic strokes (forehand and backhand) with moderate consistency and accuracy. Can use a range of serves and can use different shots, such as push, drives and smash.
- **Rules and Tactics:** Understands and applies the basic rules of the game. Shows some tactical awareness, such as aiming for the opponent's weak spots.
- **Participation and Effort:** Consistently engaged and participates actively in lessons. Demonstrates a willingness to improve.
- **Assessment:** Can sustain a rally for a moderate duration with reasonable control. Serves the ball correctly most of the time.

### Working above

- **Skills and Techniques:** Demonstrates advanced strokes with high accuracy and consistency. Shows proficiency in additional techniques such as spins and smashes. Uses all of the table to control play by implementing different shots and serves.
- **Rules and Tactics:** Strong understanding and application of the rules. Demonstrates advanced tactical awareness and can adapt strategies during the game.
- **Participation and Effort:** Highly engaged and shows exceptional effort in all lessons. Often takes a leadership role in group activities.
- **Assessment:** Sustains long rallies with excellent control and precision. Consistently serves the ball correctly and effectively.

## Grade Descriptors for Swimming in KS3 PE

### Working towards

- **Performance:** Can swim unaided or with a float for support, but with difficulty, showing basic swimming strokes.
- **Technique:** Technique is inconsistent, with frequent breaks in form and control.
- **Endurance:** Can swim short distances but struggles with longer distances, often needing breaks.
- **Confidence:** Displays some confidence in the water but may still be hesitant in deeper areas.
- **Safety:** Basic understanding of water safety but lacks consistency in applying it.

### Working at

- **Performance:** Swims confidently with competent use of different strokes, such as front crawl, breaststroke and backstroke
- **Technique:** Demonstrates good technique, with correct body position and breathing.
- **Endurance:** Able to swim longer distances without stopping, maintaining a steady pace.
- **Confidence:** Shows confidence in various water depths and swimming scenarios.
- **Safety:** Understands and applies water safety and basic rescue techniques effectively.

### Working above

- **Performance:** Exhibits excellent swimming skills, using a variety of strokes with ease. Can perform tumble turns and dives with control.
- **Technique:** Technique is refined, with smooth and efficient movements.
- **Endurance:** Capable of swimming extended distances at a consistent pace.
- **Confidence:** Highly confident in all water conditions, including deep and open water.
- **Safety:** Demonstrates advanced understanding and application of water safety and rescue techniques, often assisting peers.

## Grade Descriptors for Rounders in KS3 PE

### Working towards

- **Skills and Techniques:** Shows some basic skills in batting, bowling, and fielding but lacks consistency. Occasionally makes successful plays but often struggles with accuracy and control.
- **Rules and Understanding:** Has a basic understanding of the rules but occasionally makes errors. Needs reminders and guidance during gameplay.
- **Teamwork and Communication:** Sometimes communicates with teammates but can be inconsistent. Needs encouragement to participate in team strategies and may occasionally be out of position.
- **Fitness and Participation:** Participates but with variable effort. Sometimes off-task and requires occasional supervision to stay engaged.

### Working at

- **Skills and Techniques:** Demonstrates consistent skills in batting, bowling, and fielding. Makes consistent contact with the ball and shows good control and accuracy in fielding.
- **Rules and Understanding:** Understands and follows the rules of rounders well. Makes few mistakes and demonstrates a good grasp of the game's objectives.
- **Teamwork and Communication:** Communicates effectively with teammates and understands team strategies. Consistently in the right position and follows team instructions well.
- **Fitness and Participation:** Actively participates with enthusiasm and effort. Stays on-task and requires minimal supervision.

### Working above

- **Skills and Techniques:** Exhibits advanced skills in batting, bowling, and fielding. Makes contact with the ball almost every time and shows excellent control, accuracy, and speed in fielding. Can hit the ball in a variety of areas of the field depending on the field positions.
- **Rules and Understanding:** Has a thorough understanding of the rules and can apply advanced strategies. Rarely makes mistakes and can assist others in understanding the game.
- **Teamwork and Communication:** Exemplary communication and teamwork skills. Leads team strategies and supports teammates effectively. Always in the right position and anticipates plays.
- **Fitness and Participation:** Shows high levels of enthusiasm, effort, and fitness. Consistently on-task and often goes above and beyond in participation.

## Grade Descriptors for KS3 PE Athletics

### Working towards

- **Performance:** Can perform basic athletic skills but with noticeable errors and inconsistencies. Skills may lack fluidity and control.
- **Knowledge:** Basic understanding of the rules and techniques but struggles to apply them in practice.
- **Participation:** Participates in activities but with limited enthusiasm and effort. Requires encouragement to stay engaged.
- **Improvement:** Shows some improvement over time but requires frequent guidance and support.

### Working at

- **Performance:** Demonstrates a good level of competence in basic athletic skills. Performance is generally consistent with occasional errors.
- **Knowledge:** Understands and applies the rules and techniques of athletics events effectively.
- **Participation:** Actively participates in lessons and activities with a positive attitude and effort.
- **Improvement:** Shows regular improvement and responds well to feedback.

### Working above

- **Performance:** Exhibits advanced proficiency in athletic skills with high levels of control, accuracy, and consistency.
- **Knowledge:** Strong understanding and application of rules and techniques. Often helps peers with their understanding.
- **Participation:** Highly engaged and enthusiastic during lessons and activities. Often takes initiative and shows leadership.
- **Improvement:** Consistently shows significant improvement and actively seeks out feedback to enhance performance.

## Grade Descriptors for Cricket in KS3 PE

### Working towards

- **Batting:** Occasionally makes contact with the ball but lacks consistency; basic stance and grip need improvement; limited range of shots.
- **Bowling:** Inconsistent bowling action; occasionally bowls accurately but lacks control; basic understanding of bowling techniques.
- **Fielding:** Basic catching and throwing skills; sometimes struggles with positioning and reaction time; needs reminders about fielding roles.
- **Understanding:** Basic understanding of the rules and strategies; needs frequent guidance and reminders during play.

### Working at

- **Batting:** Consistently makes contact with the ball; demonstrates proper stance and grip; can execute a range of basic shots with some accuracy.
- **Bowling:** Consistent and controlled bowling action; bowls accurately most of the time; understands and applies basic bowling techniques.
- **Fielding:** Good catching and throwing skills; usually in the correct position; reacts well to the ball and understands fielding roles.
- **Understanding:** Good understanding of the rules and strategies; able to play with minimal guidance and make appropriate decisions during play.

### Working above

- **Batting:** Consistently makes strong contact with the ball; demonstrates advanced stance and grip; executes a wide range of shots accurately and with power.
- **Bowling:** Highly consistent and controlled bowling action; bowls with precision and variety; shows advanced understanding and application of bowling techniques.
- **Fielding:** Excellent catching and throwing skills; consistently in the right position; anticipates plays and reacts quickly; understands and performs advanced fielding roles.
- **Understanding:** Excellent understanding of the rules and strategies; able to coach and guide peers; makes strategic decisions that positively impact the game.

## Grade Descriptors for Dance in KS3 PE

### Working towards

- **Technical Skills:** Demonstrates some basic dance movements and techniques but with inconsistency; limited coordination and rhythm.
- **Performance:** Attempts to follow choreography but often makes errors; shows some engagement with the music and audience.
- **Creativity:** Occasionally contributes to the creation of dance routines but needs significant support and direction.
- **Teamwork:** Sometimes collaborates with peers but often needs reminders and support to work effectively within a group.

### Working at

- **Technical Skills:** Demonstrates a good understanding of basic dance movements and techniques; shows reasonable coordination and rhythm.
- **Performance:** Generally follows choreography accurately; engages well with the music and audience.
- **Creativity:** Contributes ideas to the creation of dance routines; shows some originality and initiative.
- **Teamwork:** Works well with peers; participates actively and positively in group activities.

### Working above

- **Technical Skills:** Demonstrates excellent proficiency in a range of dance movements and techniques; shows strong coordination and rhythm.
- **Performance:** Performs choreography with confidence and precision; fully engages with the music and audience.
- **Creativity:** Plays a leading role in creating innovative dance routines; shows high levels of originality and creativity.
- **Teamwork:** Exemplary collaborator; leads and supports peers effectively in group activities.