

Garden & Grow

Purpose of study

Garden & Grow is a new curriculum offer launching in September 2024. It provides practical, outdoor learning for selected students with an EHCP. It aims to support the following SEN areas of need: 'Sensory & Physical' and 'Social, Emotional and Mental Health'.

Garden & Grow teaches students about wildlife and animal habitats in the common British Garden. Students will be taught competent gardening skills and tier-3 vocabulary in horticulture. It prepares students for post-16 courses and jobs in this field.

Through Garden & Grow, students engage with nature to combat their anxieties and promote sensory integration. Garden & Grow provides students with a low-demand environment to increase their self-esteem and develop their interpersonal skills through the nurturing of plants.

Students work towards AQA Unit Awards building a portfolio of certificates which may be used to support post-16 applications.

Curriculum plan

The AQA Unit Awards covered include:

- Introduction to gardening
- Designing and making a bird feeder
- Making an insect and bee home
- Growing flowers and vegetables
- Participating in a garden visit
- Planning and taking part in a garden party