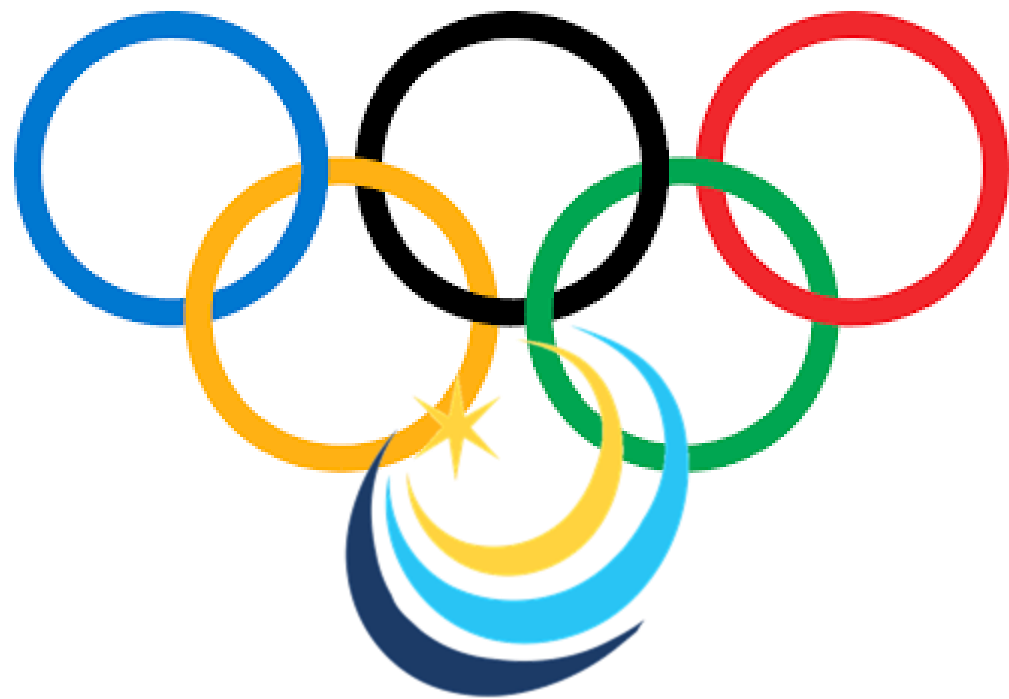


JOG to Paris 2024 Triathlon



Monday 1st July p1-p4 in lessons

JOG to Paris 2024 Triathlon

Mileage is 5890,020 metres to Paris

Proposal:

You must choose from **Run/Swim/Bike** and you need to sign up by Friday 28 June tutor time which one you are doing.

Make sure you bring your PE/Swimming kit



JOG to Paris 2024 Triathlon

Mileage is 5,890,020 meters to Paris

Proposal:

Activity	Length
Run	1 lap (300m)
Swim	1 Length (25m) (<i>ONLY Year 7/8/9</i>)
Bike	5 mins (100m)



JOG to Paris 2024 Triathlon

This is a **sponsored event**. You will have been sent a **sponsor form on WEDUC and Class Charts**, and there are hard copies printed in your register. You need to get sponsors over this week / weekend.

- Prizes** for each student year group for:
- **Longest Distance** covered per activity
 - **Most sponsorship** raised



JOG to Paris 2024 Triathlon

Year 7	P1
Year 8	P2
Year 9	P3
Year 10	P4

**Tuck Shop
available
at Break &
Lunch in
main hall**



**Plan for
day for
JOG to
Paris 2024
Triathlon**

JOG to Paris 2024 Triathlon

In aid of

JOG Climbing Wall

JOG to Paris 2024 Triathlon



You must bring your Sponsorship Form on the day so that it can be authorised for distance.



JOG to Paris 2024 Triathlon